



Post Vasectomy Semen Analysis Collection Instructions

Post vasectomy semen analysis patients have the option to collect a specimen at home and drop it off at our office; however, you are still expected to schedule an appointment time with our office and to follow specific instructions listed below.

It is important that we receive your specimen according to certain timing protocols. This means that we do not want you to ejaculate **less than 2 days or more than 5 days prior** to collection of your testing specimen.

Home Collection Instructions:

1. You must obtain a sterile collection container from our office or from your referring physician. Collection kits are available at no charge from office, Mon.-Fri. between the hours of 7:00am and 4:30pm.
2. Specimens **MUST** be received in the lab WITHIN 45 minutes of collection time. Any specimens arriving after the 45 minute delivery time will not be accepted.
3. The specimen should only be obtained by **masturbation in a sterile container**.
4. The sample should be kept as close to **body temperature** as possible, especially during the winter months. The specimen can be transported to the office in an inside pocket or close to the body, to protect it from the cold and should always be kept in the upright position during transport. **The specimen should NOT be refrigerated & should NOT be placed in hot water.**
5. Please follow these guidelines to avoid contamination of your specimen:
 - Please wash your hands prior to collecting the specimen.
 - Prevent contamination of the container by removing its lid just prior to ejaculation.
 - Replace the lid immediately after completing the entire collection.
 - Avoid touching the inside of the container with your hands or penis to prevent contamination.
 - Interrupted intercourse is not an acceptable method of collection.
 - Only use the provided lubrication in the collection kit (mineral oil). Other lubricants are unacceptable and may affect the results of the analysis.